## The Parish of Radyr Newsletter 1<sup>st</sup> March – The first Sunday of Lent / St David's Day

## **Readings and Psalm page 87 Common Worship Lectionary**

**Today's Collect** Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

6.00pm	Evening Prayer		Christ Church
7.15pm	Confirmation session		N Schoolrooms
Mon <sup>2<sup>nd</sup></sup>	Discussion Group	7.00pm	St John's
Wed 4 <sup>th</sup>	Holy Eucharist	9.30am	Christ Church
	Bumps a Daisy	10.00am	N Schoolrooms
Thurs 5 <sup>th</sup>	Holy Eucharist	11.00am	St John's
	Choir Practice	6.00pm	Christ Church
	Bellringers	7.30pm	Christ Church
Fri 6 <sup>th</sup>	Lent Reflections	12:00 Noon	Lady Chapel
	Lent Lunch	12.30pm	N Schoolrooms
	Concerts@christchurch	7.00pm	Christ Church

## Coffee/tea will be served today after the 9.15am service at St John's and the 11:00am service at Christ Church (where we will also be serving Prosecco)

**Baptisms** - today we welcome Jack Jones and Sophie Barrett into the Lord's family - please pray for them as they begin their journey of faith and for their parents and Godparents

8.00am	Holy Eucharist	Christ Church
9.15am	Holy Eucharist	St John's
11.00am	Holy Eucharist	Christ Church
6.00pm	Evening Prayer	Christ Church
7.15pm	Confirmation session	N Schoolrooms

## Today's Psalm – 32

- 1 Happy are they whose transgressions are forgiven, and whose sin is put away!
- 2 Happy are they to whom the Lord imputes no guilt, and in whose spirit there is no guile!
- **3** While I held my tongue, my bones withered away, because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you, and did not conceal my guilt.
- 6 I said, 'I will confess my transgressions to the Lord'; then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble;

when the great waters overflow, they shall not reach them.

- 8 You are my hiding-place; you preserve me from trouble; you surround me with shouts of deliverance.
- **9** 'I will instruct you and teach you in the way that you should go; I will guide you with my eye.
- 10 'Do not be like horse or mule, which have no understanding; who must be fitted with bit and bridle, or else they will not stay near you.'
- **11** Great are the tribulations of the wicked; but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.

**Concerts@Christ Church** Tickets are still available for the second of a regular series of concerts **this Friday**, **6**<sup>th</sup> **March**, starting at 7:00pm in Christ Church. This concert, supporting the Charity Macmillan Cancer Support, will combine clarinettist and saxophonist Paul Smith (from RWCMD), Pola Morawska, Piano, and the Big Band, Junior Choir and others from Radyr Comprehensive School. Tickets, young people under 18, £1 (including a free soft drink) and adults £8, are available from the churchwardens, the schools, Nick Hawkins (2084 2561), and ener-chi in Station Road, Radyr.

Lent has begun Our Lent mid week programme is:

Mondays at 7.00pm in St John's.

**The First Easter.** A discussion group. An empty tomb, a missing body, four different stories. What really happened? The resurrection of the Son of God is crucial to our understanding of the Christian faith. *Bring a bible and let's do theology together.* 

Fridays at 12 noon in Christ Church.

30 minutes of meditation and prayer on the theme 'All Creation sings God's Glory' followed by a **soup lunch** for Christian Aid (see below). *PLEASE JOIN US* 

**On Sundays** our 6pm Evening Prayer service in Christ Church will be following the Diocesan Year of Pilgrimage Lent course.

**Lent Lunches** will run **every Friday until 3<sup>rd</sup> April**. The money raised goes to Christian Aid and will help people in some of the world's poorest communities. You are encouraged to come to one or more Lent Lunches, and enjoy a bowl of delicious homemade soup, bread and cheese, tea or coffee for only £5. Volunteers are still needed; please speak to Nicky or call her on 2084 3582.

**Radyr World Day of Prayer Service This Friday, 6<sup>th</sup> March**, 7pm. The World Day of Prayer is an international, inter-church event which takes place annually on the first Friday of March. This year, our local event will be held at Radyr Methodist Church. The service has been prepared by Christian women of Zimbabwe, who reflect on the many challenges their country has faced, and their hopes for the future. Everyone is welcome to join us.

**'Jars of Change'.** During Lent, we are encouraging school children – and adults – to fill jars with loose change in support of Water Aid. The jars will then be brought to church at Easter (or collected at the schools if the children cannot attend). For details of the scheme, have a look at <u>http://tiny.cc/wateraidradyr</u>.

**BUMPS A DAISY** – Everyone, we need your help! Our new group is growing - would you be willing to help once a month to set up toys, make young families welcome or help in the kitchen with refreshments? We meet Wednesdays during term time between 10 and 11.30 am. The group is growing and much appreciated by numerous local families. Please have a word with Vicki or Angela if you'd like to get involved. **Mothers' Union** next meeting is on **9<sup>th</sup> March** at 2pm. We welcome The Rev'd Zoe King and Tongwynlais members for Lent Reflections.

**The Parish Electoral Roll** has to be completely renewed this year. This means that everyone wishing to be on the Electoral Roll **must** complete a new form before our 2020 Annual Vestry Meeting on **Sunday, 5<sup>th</sup> April**. Failure to complete the necessary form will result in names being removed from the Roll. Forms are available at the back of each church. Please take a form and complete it as soon as possible, but no later than **20<sup>th</sup> March.** Completed forms can be returned to Delyth Fagan, Electoral Roll Secretary or to the Churchwardens. A Welsh version of the form is available if you wish. Any problems, please contact <u>Delyth.fagan@btinternet.com</u> or 02920 568501.

**Christ Church Coffee Rota** *Volunteers needed please*, to serve coffee after the 11am service on the first Sunday of each month. Please sign the list outside the vestry or speak to Simon on 2084 3442.

**Cardiff Foodbank's** top three needs this week are breakfast cereals (500g boxes), sponge puddings and rice.

If you would like something included in these notices next week, please contact Vicki Burrows (2084 2417), one of the Churchwardens, or send the copy to <u>hawkinsnick@msn.com</u>.

Please also send information/photos for the Parish Website to RadyrParishWebsite@gmail.com

Rev'd Vicki Burrows, 2084 2417, vicki.burrows@me.com

Y R E G L W Y S <sub>yng</sub> NGHYMRU

THE CHURCH IN WALES

www.radyr.org.uk/parish Charity No. 1132144

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Please use gift aid envelopes if you are a UK taxpayer. There is also an electronic 'Good Plate' available if you' would like to make a donation but don't have any cash

Both our churches have an Induction Loop System installed to assist Hearing Aid users. Please switch your hearing aid to the 'T' position

