

Old Church Rooms, Park Road, Radyr

The extension work at the OCR is coming to an end and should be finished when this publication is distributed in February. We will have available for community use

three halls, a small meeting room, a fully equipped kitchen and a new toilet block.

The Garth Room, has studio lighting, large screen and blinds and is ideal for family parties.

The Weir Room has a new laminated floor, storage room and a screen. The Chain Room is a meeting room for up to a dozen people with a wall screen. The new room, still to be named is multi purpose and will have a screen, projection equipment and its own tea making area. All rooms will have access to WIFI. The upgraded kitchen is now in use to cater for up to 90 people and is of a commercial standard. All these rooms are available for hire by emailing - ocrbookings@radyr.org.uk



Old Church Rooms



Garth Room 40ft x 22ft



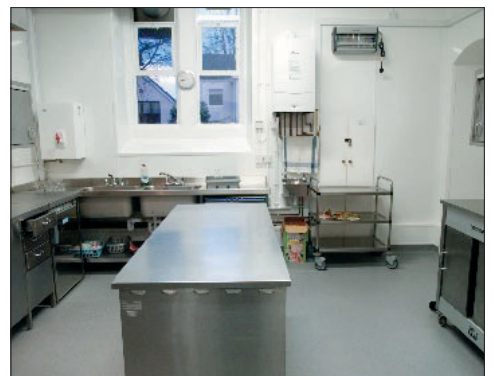
Weir Room 40ft x 17ft



Chain Room 16ft x 14 ft



New Meeting Room 37ft x 14 ft



The enlarged Kitchen

The next edition of Radyr Chain will give the history of the OCR, the completed development and news of a grand opening.

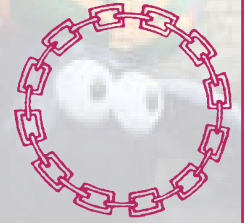
Radyr Drama Society seeks new members

The photograph opposite is just a snapshot (more on page 9) of the recent, successful production of the stage drama *Bonaventure* in November, by local amateur theatre group Radyr Drama Society. The Society has a well-earned reputation in the area for high quality amateur theatre productions, built up over many years, and its most recent production was no exception – judging by complements received from many people who came to see it.

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RADYR CHAIN



Number 222

Free to every home in Radyr and Morganstown

February 2016

Hydro-Electric Scheme at Radyr Weir



Around 1774, Radyr weir was constructed to allow water to be diverted to the Melin Griffith Tinsplate works. Very soon, by end April 2016, it will again be in regular use creating electrical power; this site is particularly suited to do this due to the fast flowing River Taff and the height difference in water levels caused by the weir. Water is directed through two large Archimedes screws, (about 4m in diameter and 10m in length) and these drive turbines to generate electricity at a maximum rate of about 400kW. In practical terms this equates to the electricity demand of about 550 homes.

I first became involved in this project in 2008 and it is good to see it near to completion after many hitches and changes of project teams. The final design incorporates a new fish pass with scope for a viewing platform, subject to resolving safety issues. There will also be a new picnic area and information boards about the fish pass, heritage of the weir and the science of the hydro scheme.

continued on page 5



COMING EVENTS



N.B. Details of all coming events can be found in the Diary section of the website www.Radyr.org.uk

Sat 30 Jan 19:30 **Ceilidh (organised by RPMG)**
Come and celebrate Burns night! RPMG hosts an evening of Scottish Dancing. All welcome. A light supper will be provided. Bring your own drinks. Tickets £10. Places limited. Contact chrisehill13@hotmail.co.uk to secure your place.

Mon 1 Feb **Yoga Class**
Radyr Guide Centre, Bryn Derwen Theme "Out of the Chair" Drop in price £7.00 Contact Sarah Tovey, Tel: 07593 597425 sarah.tovey@btinternet.com

Mon 1 Feb 10:00 **Twinning Exhibition**
This excellent exhibition of 30 years of Twinning is situated in the basement, Cardiff Story section of the Old Library in the Hayes. Open from 10 until 4pm daily (except Sunday). Do visit, enjoy and sign our visitor book. Exhibition will run until end of February.

Mon 1 Feb 19:30 **R&M ASSOCIATION General Meeting**
Meeting of the RMA in the Old Church Rooms. Our speaker will be Peter Vaughan, Chief Constable. All welcome.

Wed 3 Feb 09:30 **Pilates Class, the Guide Centre, Bryn Derwen** Pilates for Beginners. Improve your core strength, functional fitness, mobility, flexibility and general sense of well being. Relaxed, friendly class, work at your own pace. Drop in and pay as you go. Mats available. Please contact Alyson on 07548185319 for more details.

Wed 3 Feb 12:00 **Beginners Yoga Class**
Slow Yoga Class 12Pm-1pm
Yoga isn't just for females. Men also gain by developing core strength, increasing flexibility and achieving clearer thoughts helping the decision process. Contact Joanne Gardner 07783 772675 Jkgardner67@gmail.com Please bring a mat, blocks optional £7.00 drop in

Thur 4 Feb 10:00 **Yoga Class**
Radyr Guide Centre, Bryn Derwen Drop in price £7.00 Contact Sarah Tovey, Tel: 07593 597425 sarah.tovey@btinternet.com Also: Mon 8th, Thur 11th, Mon 22nd, Thur 25th, Mon 29th Feb. Thur 3rd, Mon 7th, Thur 10th, Mon 14th, Thur 17th March

Tue 9 Feb 18:30 **Festival Auditions**
Auditions for Queen & attendants will be held in Radyr Guide Centre. Open to girls of 10 years and older who live in Radyr & Morganstown. Must be available for Festival duties from Saturday 30th April until Sunday 14th May inclusive
More details phone Maggie 2084 2995 or Julie 2084 2923

Wed 10 Feb 12:00 **Beginners Yoga Class**
Slow Yoga Class 12pm-1pm
Still thinking about coming to class? Then put thought into action. Give it a try. You might just like it & feel better for doing it Contact Joanne Gardner 07783 772675 Jkgardner67@gmail.com Please bring a mat, blocks optional £7.00 drop in

Wed 10 Feb 19:30 **RCTS - The Railway Society**
An SLS/Alan Jarvis Evening of Photographs - Noel Thompson

Wed 10 Feb 19:30 **Radyr, Morganstown & District Gardening Club**
Mosses - Illustrated talk by Dr.Ray Tangney. New School Rooms, Christ Church, Heol Isaf. For more information : Richard Gregory 029 20842084

Tue 16 Feb 19:00 **Radyr Youth Club**
Enrolment for a new Youth Club(13 to 17) supervised by the YMCA at the Old Church Rooms, Park Road.

17 - 20 Feb 19:30 **RPMG presents Kiss Me, Kate**
Radyr Parish Music Group presents Cole Porter's Kiss Me, Kate at Bishop of Llandaff High School
Tickets £10 (£8 concs Weds/Thurs only) available from:

- www.ticketsource.co.uk/rpmg
- Sue Thomas on 029 2031 0894
- Maggie Roberts on 029 2084 2995

Thur 25 Feb 19:30 **Film Night**
Showing by the R&M Association of 'A Walk in the Woods' in the Old Church Rooms. Tickets £4 from ener-chi in Station Road, Nick Hawkins (2084 2561) and Allan Cook (2084 3176). For full details and on-line sales go to www.ticketsource.co.uk/rma

Mon 7 Mar 19:00 **PACT Meeting**
Come and discuss police and village matters with your local beat officer and councillor in the Old Church Rooms, Park Road, Radyr.

Wed 9 Mar 19:30 **RCTS - The Railway Society**
Railways in the Cornish Landscape - Stephen Gay

Wed 9 Mar 19:30 **Radyr, Morganstown & District Gardening Club**
Victorian Parks - Illustrated talk by Rosie James, New School Rooms, Christ Church, Heol Isaf. For more information : Richard Gregory 029 20842084

Sat 12 Mar 19:30 **Twinning Fellowship**
Twinning Quiz Night in the Garth Room at Old Church Rooms, Quiz Master Chris Dale. To reserve your place phone Maggie on 2084 2995 .Teams of 8..we will make up teams if you not a full team. Entry Price £10.00.payable in advance to Maggie at 5 Pentwyn. Raffle.Bar and Hot supper.

Thur 17 Mar 19:30 **Film Night**
Showing by the R&M Association of 'The Lady in the Van' in the Old Church Rooms. Tickets £4 from ener-chi in Station Road, Nick Hawkins (2084 2561) and Allan Cook (2084 3176). For full details and on-line sales go to www.ticketsource.co.uk/rma

Fri 18 Mar 19:30 **Tenovus Evening Event**
'An evening with Gill', Light supper Old Church Rooms Radyr All welcome Tel 20843108 for tickets

Sat 19 Mar 19:30 **Radyr and Morganstown Choral Society sings Handel's Messiah** Christchurch Radyr
Ticket information and more details to follow Contact Julia Hallinan Tel: 02920 844333 gwyddf@msn.com

Mon 21 Mar 10:30 **Easter Coffee Morning at the Library** on behalf of Headway Cardiff, the Charity for people with acquired brain injury. Cake stall/Easter novelties/ Raffle

DISTRIBUTION OF RADYR CHAIN – VOLUNTEERS WANTED

The *Radyr Chain* is published six times a year with 3,000 copies delivered to homes and organisations in Radyr and Morganstown. There is a network of volunteers who make the deliveries. As the main distributor, I get the 3,000 copies delivered to me. I then split these up and give them to seven distributors who in turn break their copies into rounds for the deliverers to complete the delivery to your home.

We could do with some more volunteers, particularly if you reside in the new areas beyond the railway station or in Radyr Gardens. We need distributors and delivers. If you are able to spare about an hour every other month, please contact me, Chris Wills on 029 2084 2197.

Letters, articles, reports and other contributions are invited and should be submitted by March 15th. Submissions may be subject to editing at the Editor's discretion.

The views expressed in the *Radyr Chain* are not necessarily those of the Editors.

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Distribution - Chris Wills, 1 Llwyn Drysgol, Radyr. 2084 2197

Hydro-Electric Scheme at Radyr Weir

...from front cover

During the construction local residents were very tolerant about the necessary diversion to the Taff Trail and the noise when pile driving was underway. This was greatly appreciated as the scheme had to meet a demanding deadline to achieve the negotiated tariff for electricity fed into the national grid. I attach a link showing the work in progress:-

<http://aerialphotographywales.com/radyr-weir-hydroelectric-scheme-cardiff-south-wales/>

When landscaping is complete and the Taff trail re-opens we will have the following tourist attractions available in the short distance from Tongwynlais to Llandaff North:

Castell Coch; Norman motte and bailey at Mound Field; Melingriffith Water Pump; a large area of wetlands, habitat for a big range of birds and animals; the new weir project; the converted Victorian railway bridge giving pedestrian access over the River Taff.

To give a preview of what you will see shortly I append some photographs.

County Councillor Rod McKerlich

News from Radyr Library

Firstly we would like to wish all of our customers a very Happy New Year. In these uncertain times, your continued support is very much appreciated.

We are pleased to let you know that Anna had a health baby boy named Dylan at the beginning of January. We would also ask you to join us in welcoming our new Librarian, Liz, who has come to us from Canton Library. We're sure she will be very happy here in Radyr.

It was lovely to have a visit from Children from Radyr Primary before Christmas. The Year 4's were the first to trial out the new Every Child a Library Member (ECALM)

www.radyr.org.uk is...a photo-archive for our local community

initiative in this area. The idea of the initiative is to encourage more children to use the library. The theme of the session was Roald Dahl. The children listened to a story from Anna, then made a Mr. Twit or a Fantastic Mr. Fox bookmark and finished with a revolting rhyme from Jen. All children borrowed two library books with their new cards and were also given a free book bag. We are looking forward to continuing with this and welcoming children from Bryn Deri, Pentyrch, Gwaelod Y Garth and Creigiau Schools this year.

Everyone is welcome to join the library at any time. We only need one form of identification from you, either something with a name and address or something with a signature and you will have access to all Cardiff Libraries as well as ebooks, e-audio books and e-magazines. We also have access to ancestry.com and Which Magazine that are available to look at from the library computers.

Our Storytime and Amser Stori sessions are still going strong. The English storytimes are on a Tuesday at 10.15 and 2.15 and amser stori runs on Wednesdays at 10.30. All sessions are free and include a story, rhymes, crafts and toys at the end for children to play with.

We continue to have a supply of green recycling bags and food caddy bags at the library. Please can we remind residents that we are only able to give out one set of these per household at a time. The reason for this is that we are only able to store a limited amount in the library and are the only place in Radyr to supply the bags. Thank you for your co-operation on this matter.

We have accumulated a small amount of lost property in the last couple of months. There are two baby dolls, two cuddly toys, a bear comforter, a Lego toy, a keyring, a Tesco boy's coat (age 6-7) and two umbrellas (one is from Dunvegan Castles and Garden and one is red and spotted). If you think any of these may belong to you, please pop in as we will be taking them to the charity shop at the end of the month.

We are still collecting food for the Foodbank. Thank you to everyone

who has contributed so far. Any donations are gratefully received; there are leaflets with a list of preferred foods in the library.

We will be celebrating National Libraries Day again this year on Saturday, 6th February. Come along for a cuppa and a chat. There will be a storytime at 11.00 with a craft to make too.

The knitting and crochet group will be hosting their annual Easter Coffee Morning at the Library on Monday, 21st March 10.00-12.00. There will be cakes, Easter themed crafts to buy and a raffle. Please come along and support the group who will be raising money for Headway – The Brain Injury Association. We would like to thank them for all their hard work making the Christmas coffee morning a huge success, raising over £300. for the Trinity Centre, Cardiff.

Cllr. Rod McKerlich will be holding two drop in surgeries at the Library. One, on Saturday, 5th March and one on Saturday, 9th April. Both will be from 10.00-12.00 We will look forward to welcoming you all in 2016.

Best Wishes, Anne and Jen

REMEMBRANCE DAY 8th NOVEMBER 2015.

The Royal British Legion, the charity that benefits from the Remembrance Day collections is most grateful to all those commercial premises and collectors who cover Radyr and Morganstown to make poppies available to all who wish to wear one. Together with those who make generous donations to cover the cost of the wreaths that are laid each year. The total amount collected this year amounted to £3909.94 made up of £2793.94 from poppy sales and £1116.00 for wreaths.

shine Theatre School, Radyr, will be performing Disney's *Alice in Wonderland* on 19th and 20th March.

Please do join us down the rabbit hole as we enter the magical world of Wonderland.

Tickets are on sale now.

www.shinecreativearts.co.uk

FILM NIGHTS

FEBRUARY AND MARCH FILM CLUB

The next two films to be shown by the Film Club are **A Walk in the Woods**, Thursday, 25th February and **The Lady in the Van**, Thursday, 17th March.

A Walk in the Woods is based on Bill Bryson's memoir of the same name about his return to the US after two decades in the UK. He tries to re-connect with his homeland by walking the 2,200 mile Appalachian Trail with his oldest friend. The Telegraph called the film an "elegantly meandering travelogue". The film is produced by and stars Robert Redford with Nick Nolte and Emma Thompson.

The Lady in the Van is another film based on a memoir, this time the hilarious true story by Alan Bennett, of Miss Shepherd who parked her ancient camper van in the drive of Bennett's house in Camden for fifteen years, much to the consternation of his neighbours. Maggie Smith's



performance as Miss Shepherd has been described as "stellar" and the Telegraph called the film "cosily enjoyable". **The Lady in the Van** also has a stellar supporting cast – Alex Jennings as Alan Bennett, Roger Allam and Jim Broadbent.

If you're suffering from withdrawal symptoms after **Downton Abbey**, now is your chance to see Maggie Smith in a



very different but equally crusty part.

Both films can be seen in the Old Church Rooms. **A Walk in the Woods** on Thursday, 25th February and **The Lady in the Van** on Thursday, 17th March. Both films start at 7.30pm. Tickets £4. from Nick Hawkins 2084 2561, Allan Cook 2084 3176 or from Enerchi, Station Road, Radyr or online at www.rma.ticketsource.co.uk

Radyr & Morganstown District Gardening Club

Christmas and the New Year celebrations have come and gone; it has been so wet since then that little has been achieved in the garden. The seasons seem to be out of order with reports of daffodils in bloom before snowdrops and roses and other plants continuing to flower. To offset the lack of action in the garden, seed catalogues have been dropping through the letter box tempting us to order for the summer; hope springs eternal!

Our programme restarted in January when we welcomed Sheena Crossley, who has spoken to the club on a number of occasions to talk about 'Fragrant and Aromatic Plants'. Sheena

started by discussing the difference between fragrance and aroma, how plants use these attributes to attract pollinating insects and went on to consider different groups of fragrant and aromatic plants and those that combine both attributes. The talk was entertaining and informative and well illustrated with samples and photographs of a wide variety of plants. We continue our 2015/16 winter programme:

10 February: 'Mosses'

An illustrated talk by Dr. Ray Tangney of the National Museum of Wales who will discuss and illustrate this wide genus of plants that has survived and flourished since before the dinosaurs.

9 March: 'Victorian Parks'

We welcome back Rosie James of Cardiff Parks Department who will give an illustrated talk on the

history and development during the Victorian era, of Cardiff's parks.

Meetings are open to all and take place on the second Wednesday of each month from September to April (with the exception of December).

Visitors and New Members will be made very welcome. We share an interest in gardens, plants and generally growing things. So come along - you will be very welcome.

All meetings (apart from visits) are at the New School Rooms, Heol Isaf starting at 7.30p-m and are followed by refreshments.

Please see village notice boards and Radyr website www.radyr.org.uk for programme details and any changes or contact any committee member or our Chairman - Richard Gregory (029 2084 2084).

Radyr Drama Society seeks new members

...from back cover

Nonetheless, the Society is constantly on the look-out for new members, to bring in and show off new talent, and to tap the skills resources of the now greater Radyr & Morganstown area. As a result, the Society would be pleased to hear from people in the Radyr and surrounding area, who may have an interest in amateur theatrical activities.

Most particularly, it is looking to attract potential members mainly in the 20-50 age group – male and female – to both expand its membership base, and give it more flexibility in terms of the productions which can be put on. For anyone interested in being involved in local amateur theatre, this is an opportunity to be part of a friendly group of people, who aim to provide entertainment of a high calibre in the area of Radyr and Morganstown. You may not necessarily wish to act on stage, however, in which case there is always a need for people with other skills and interests, eg set-building and painting, props and stage management, dress-making

and costume, and essentially for people with sales/marketing experience - publicity.

Society activity is concentrated mainly in the September – November and January – April periods leading up to our twice-yearly productions, so not for the most part clashing with the main summer holiday period. Two new members of later school age joined the Society for our recent production – one of whom played an excellent cameo role in the play itself, the other provided valuable assistance with props and stage management. It is highly likely that they will continue their involvement with the group, as far as academic commitments permit. That's a good start.

So, if you would be interested in joining the society – to show off your on-stage talent, or to be involved in an enjoyable, creative and rewarding drama-based activity – please contact the Society via its website www.radyr.org.uk/drama, by e-mail to rds@radyr.org.uk or contact Ian Ogden on 07711-713176. It is hoped at least some of you will decide to dip your toe in the amateur theatre water!

Photo below show a scene from the recent production of 'Bonaventure'



OPERATION CHRISTMAS CHILD

(Christmas shoe boxes)
South East Wales 2015

A big THANK YOU!

From all the team at the Llandow Warehouse – many thanks to you who played a part in the outstanding success of the shoe box campaign.

Because of you, we processed
27,150 shoe boxes!

270 from Radyr. A great result!

This means that over 17,000 children in need had a smile on their faces this Christmas and know that someone, somewhere cares for them.

A.M.P.

RADYR & MORGANSTOWN SCOUT POST 2015

This year's Christmas Scout Post was again a successful fund raiser for the group.

I wish to thank the staff of the following local businesses for their efforts in selling scout post stamps this year :

Ener-chi, Station Road

**Pugh's Garden Centre,
Morganstown**

Pzazz, Hair Designers, Castle Court

Radyr Library, Park Road

**Solo Hair & Beauty, Main Road,
Morganstown**

Thanks also to our Leaders, volunteers, parents and the youngsters who helped sell stamps, sort and deliver post.

Scout Post is organised by the Cardiff and the Vale Scouts for the collection and delivery of Christmas greetings in the Cardiff and Vale area. The collection and delivery of post is organised by local area scouts and voluntary organisations in areas where there is no scout group.

During this year's Scout Post our team handled around 40,000 cards in the Scout Hall.

Finally, I would like to thank the residents of Radyr and Morganstown for supporting their local scout group by purchasing stamps locally.

We look forward to your continued support again next Christmas. JBT

News from Radyr and Morganstown WI

The WI Christmas activities seem a long time ago. December was a busy month for the Institute starting on 1st December with a trip to Bath to visit the Christmas Markets and the American Museum in nearby Claverton, where the rooms were beautifully decorated for Christmas. The pretty chalet style of the stalls in the markets in the front of the Abbey were magical. These attractions, combined with the obligatory coffee and lunch breaks provided an enjoyable day out for all who took part and gave a foretaste of the festive season.

The Christmas Tree Lighting Ceremony took place on 4th December in Station Road. Our WI hosted a stall selling hot drinks with mince pies and marshmallows. It was very successful and raised £117.95., which will be donated to the WI charity – ACWW.

Our last meeting for 2015 was held on Monday 14th December, where congratulations were extended to Val Fox and Mary Pearce who were the winners of the Glamorgan Federation Bridge Competition. After the rest of the business meeting, a Christmas party organised and hosted by the Committee took place. Excellent platters of food and drinks were served to each table, whilst we played 'Beetle'. The game was played amidst 'hilarity and riot' with winners and losers moving to different tables at the end of the round. This was followed by a Christmas Quiz and ended with a sing-a-long to a compilation of Christmas songs put together by Enid, our President. It was a lovely evening, a reminder to me of family Christmas parties from 'the olden days', successful due to the careful thought, planning and hard work of all those involved.

After the Christmas and New Year period our meetings and activities resumed. Our 2016 Programme has something of interest for everyone. Our first meeting of the year was held on Monday 11 January. Our speaker, David Salter, talked about the history of Westgate Street from the time when the river was rerouted to the present day. The rapt attention of the audience (absolute silence) showed how much the talk was appreciated, particularly

by lifelong Cardiff residents.

The voting for the resolution to be put forward at the AGM also took place in the January meeting. Radyr and Morganstown voted for the one dealing with Appropriate Care in hospitals for people with dementia. The outcome of the votes from each Institute nationally will not be known until all the voting has taken place and the information correlated.

Social events for the near future include a lunch at The Beech Tree Inn on Tuesday, 19th January and a New Theatre matinee 'The Last Tango' on 17th March. This stars Vincent Simone and Flavia Cacace, former Strictly Come Dancing professionals.

A St. David's Day walk is planned for Monday 29 February from the Millennium Centre to Morganstown Village Hall where lunch will be served. It starts at 10am and arrives at approximately 1pm. There are alternative joining points along the route for the less fit!

Our two book groups, two genealogy groups, walking group and craft group are all into their Spring programmes. If you would like to know more contact our President, Enid Brooker on 029 2084 3412. Our email is <mailto:radyrandmorganstownwi@Yahoo.com> Or just come along to a meeting as a visitor. Meetings are held at 7.30pm on the second Monday of each month at The Old Church Rooms, Park Road, Radyr, CF15 8DF

Radyr Food for Thought

Venue:

The New School Rooms, Heol Isaf, Radyr

Time: Tuesdays 12.15 - 2pm

Membership Fee: £20.00 Lunch: £6.50

Talk only: £2.00

Winter Programme 2016

January 12th - My Mother's Shop.
Pamela Robson

January 19th - History of the Royal Mint.
Chris Baker

January 26th - The Amy Britten Singers

February 2nd - Scams & Rogue Traders,
Steve Langdon

February 9th - Trip - Clink Restaurant

February 16th HALF TERM

February 23rd - Billie Blythe - Bill Clinton,
A Political Journey. Margaret Benedict

March 1st - A Taste of Rwanda. Jeff Lane

March 8th - The Wall comes Tumbling
Down. Jeanne Harvey

March 15th - Trip - Newark Park, Glos.

Next term begins on 12th April 2016
Telephone number: 20842461/20552610

CHAIN COOKERY CORNER

Pesto Chicken

This recipe is tasty, healthy and cooked in one pot. What could be better!

Serves 4

4 boneless chicken breasts
2 Tbs olive oil
1 small onion chopped
110g (4oz) mushrooms (sliced)
50g (2oz) raisins
175g (6oz) basmati or long grain rice
1/2 jar pesto sauce
570ml (1pt) chicken stock
Seasoning
Toasted almond flakes

Heat over 200C (400F) Gas 6
Season chicken

Cut each portion in two lengthways

Heat oil in frying pan

Fry chicken for ten minutes until lightly brown

Grease heatproof dish or casserole approximately 23cm (9")

Scatter onion, mushrooms, raisins and rice over bottom

Arrange chicken in single layer on top

Boil chicken stock and stir in pesto

Pour over contents of dish

Cook uncovered for approximately 1 hour

Do not overcook!

The rice should be absorbed but still moist

Sprinkle with toasted almonds and serve immediately

A.M.P.

Radyr & Morganstown Community Council

Cyngor Cymuned Radur a Threforgan



The OCR project is going well and should be complete in the next few weeks. You can read more about this elsewhere in this issue. A huge amount of work has been done by the OCR Management Committee to support this project.

We are working with the RMA to object to the new charges introduced by Cardiff Council when roads are closed for community events. At almost £1,000 per closure we all feel that that undermines community cohesion, particularly when the fee would reduce money raised for charity.

We are also working with the RMA to represent community views when Cardiff's Planning Committee discusses the recent planning application re Land N/S Llantrisant Road. R&MCC cannot speak at the planning committee, but the RMA can.

Now that the LDP has been found sound R&MCC and the NW Cardiff Group will be deciding how best to respond to the planning applications that will start to come in. We were hugely disappointed to see that Welsh Government got its way and the Green Belt has been replaced with a Green Wedge which gives less protection to the land north of the M4. An enormous amount of work by a dedicated group of people was put into representing the communities of NW Cardiff throughout the LDP process. R&MCC has been involved since at least 2006! Did we make any difference? We helped force 81 changes during the Inspectors' hearings, many of which were our suggestions. The monitoring requirements are much tougher and more specific; we and others have helped make Cardiff accountable

down the decades-long construction road ahead. But it always felt like the combined influence of Welsh Government and developers made it very hard for communities to be heard. While the LDP has been declared sound by the Inspectors we still feel that it leaves Cardiff with long-term problems in managing the level of growth and the consequences for transport, in particular. So far, the only solution for NW Cardiff are some extra buses on the Llantrisant Road and traffic delays created to force people out of their cars and onto those buses.

Helena Fox

Clerk and Proper Officer.
The Old Church Rooms,
Park Road, Radyr, Cardiff CF15 8DF

Tel. 029 2084 2213

R & M Festival 2016

Velindre in Radyr

Since the middle of 2015 the planning for the 2016 R & M Festival has been under way.

The pace is picking up and the arrangements are being firmed up by the Festival Committee. This year the festival will run from Saturday 30th April until Sunday 15th May and the theme will be Roald Dahl.

The festival has been running for 29 years and during that time it has raised substantial funds for many different charities. This year I am pleased to say that the charity will be a local one - the Velindre Cancer Centre.

Along with many residents of Radyr who have been diagnosed with cancer I have been grateful to be treated at this fine hospital. It is a one stop shop offering Out-Patients and Inpatients - chemotherapy, radiotherapy, radiology, research and trials, palliative care plus a host of other support facilities.

There has been a lot of good news recently regarding the progress in treating cancer - particularly the main cancers such as breast, prostate,

lymphoma and leukaemia. Much of this success is down to early diagnose. On the other hand for many other cancers, not least pancreatic and lung the progress has been much slower.

Cancer is a disease that does not discriminate by age or gender. Current predictions are that cancer referrals will increase by 30% over the next fifteen years and that one in three of the population will be affected.

Velindre Cancer Centre has embarked on an ambitious plan to transform cancer services

in South East Wales. The centre of the plan will be a new cancer centre to be built near the existing facility, with expanded research and development and trials capacity. In addition community services improvements will aim to move cancer treatment nearer to the patient.

I have been under treatment at Velindre for the last 10 years and for the past three years I have been a patient at the Phase 1 trial unit. Phase 1 trials were introduced to Velindre to give Welsh patients the opportunity to access new trial drugs. The unit has gone from one trial in late 2012 to

currently eight trials covering various cancers. I consider myself to be very fortunate to be treated by the excellent staff in this unit led by Dr Rob Jones.

I am of course biased in seeing the necessity to support the Velindre Cancer Centre and I hope you feel the same way. So please support the Festival and donate generously to this worthy local charity.

Alan Buckle

Radyr Parish Music Group
presents

**KISS ME,
KATE**

Music and Lyrics by COLE PORTER
Book by BELLA & SAMUEL SPEWACK

**Weds 17th to Sat 20th February 2016 at
7.30pm**

Bishop of Llandaff High School
Tickets £10 (£8 concs Weds/Thurs only)

An amateur production by arrangement with MusicScope and Stage
Musicals Limited of New York

Tickets available soon from:

- www.ticketsource.co.uk/rpmsg
- Sue Thomas on 029 2031 0894
- Maggie Roberts on 029 2084 2995

The Junk Challenge

Many of you will know that the main theme of this year's Radyr and Morganstown Festival, which runs from the 30th April until the 15th May is Roald Dahl. 2016 is the centenary of Roald Dahl's birth and it is fitting that the village in which he spent the largest single part of his childhood in south Wales, Radyr, should mark the event.

Some of the events already planned are a Roald Dahl theme for the Festival parade on Saturday, 30th May; the unveiling of a plaque on Ty Mynydd Lodge, the lodge of the house in which he lived, and the Festival walk which will visit sites in Radyr and Llandaff associated with him.

Perhaps the most potentially exciting event associated with the Dahl festivities is the Junk Challenge.

Schools, Sunday Schools, Churches, Youth Clubs, The Scouts and The Guides and interested individuals are invited to create sculptures out of recyclable material, metal, wood, plastic, cardboard, paper, wicker or flowers on something to do with Dahl, a character, a situation, an event – remember that he was a fighter pilot in North Africa during the Second World War and married a famous film actress.

They will need to withstand the weather of a typical Festival fortnight and will be dotted around the village. A plan of the creations will be available and it is hoped that they will attract people from outside Radyr and Morganstown to come and celebrate Roald Dahl with us.

Over the summer of 2015, Bristol celebrated Shaun the Sheep with over seventy sculptures of Shaun dotted around Bristol, which attracted huge crowds. We aren't expecting quite as many creations,



Seventy Shaun the Sheep appeared around Bristol during the summer of 2015.

but why not unleash your creative self and have a go?

For more details contact Allan Cook on 2084 3176.

RADYR CHAIN

FREE TO EVERY HOME IN RADYR AND MORGANSTOWN



Christmas 1980

Many residents will have experienced the trauma of having your house broken into by a thief and your possessions stolen. Such is the scale of burglaries that it has become one of the main topics of conversation amongst villagers. In the Whitchurch police station there is a large scale map of our village with twenty houses marked in red - the number of burglaries since October. We were told that crime is on the increase and Radyr is not unique and other villages and suburbs of the city are being given the same attention. The police recognise the problem and we have been assured of a



FAREWELL GREETINGS FROM PC MIKE JONES

I am taking up a new position in the Ely area, I would like to thank all the villagers for their friendliness and support during the past three years. PC Malcolm Coleman is staying on as your community policeman and my successor will be PC Tony Bates. I hope that you will continue to give them your support.

RADYR & MORGANSTOWN W.I.

The W.I. pantomime this Christmas is to be "Sleeping Beauty" or "the Curse of Carabosse". Rehearsals are now vigorously under way. If you enjoy lively drama, tuneful songs and rebustion's comedy, keep these dates free - 6th and 7th of February 1981.

GUIDE HALL

Detailed plans for the Guide/Brownie Hall are finalised. The next step is a professional estimate of the costs. Leaflets have been issued to all guides and brownies asking dads to indicate their willingness to assist in any way when the building operation commences. T. Fox.

MORGANSTOWN RUGBY CLUB

The Club members are still anxious to build premises for the purpose of changing accommodation. A grant application was to be sent to the R&M Community Council for their approval.

ROAD SAFETY IN RADYR

The chairman of the PTA of Radyr Primary School, Mr Brian Legg, has raised the issue of road safety on Heol Isaf. With the introduction of double decker buses there is concern for the safety of the children. Whilst the School Crossing Patrol is extremely useful, time has come to consider one or two pedestrian crossings in the village along with flashing amber light signs installed to warn traffic of the vicinity of the school.

APPEAL TO HORSE RIDERS

A while ago a rider rode a horse through Windsor Gardens. The lawns were soggy and after the rider left they resembled a ploughed field. So please keep your horse away from this park and from other public spaces.

EASTER EGGSTRAVAGANZA COFFEE MORNING IN SUPPORT OF PEOPLE AFFECTED BY BRAIN INJURY

Radyr Knitting and Crochet Group will be holding a Coffee Morning in Radyr Library on Monday, 21st March 10.30-12.00 to raise funds for Headway Cardiff, the Rookwood-based charity that supports people affected by an acquired brain injury and their families. These injuries are often the result of a sporting or motoring accident or a stroke. Young and old are vulnerable and there are a number of Headway users in the Radyr and Morganstown area.

Features of the Coffee Morning will include a display of some of the recent works done by the Group and the sale of raffle tickets, handmade Easter novelties and home-made cakes.

With the support of our Librarians, the Group's Christmas Coffee morning raised over £300. for the Trinity Centre for refugees and asylum seekers. Treat yourself to a sociable morning out before the Easter rush and help us to raise even more for a worthwhile cause.

Leonard Cheshire Home

Hello! You may have seen my last article in the previous Radyr Chain about my volunteer work within the community in Radyr Scout Group. Well this time I am back to talk Dan-y-Bryn Leonard Cheshire Home. Leonard Cheshire is the UK's leading charity supporting disabled people all over the world. Having volunteered in the Danybryn home for the past 6 months I have been lucky enough to experience the dedication of staff and volunteers and witnessed firsthand the positive impact this has. Locally I am involved in a weekly activity called "chit-chat club" which helps residents improve their speaking and listening skills so they are able to fully immerse themselves in the community. In October 2015 I ran my first half marathon in a respectable time of 1:52

and frankly I was happy to finish in one piece. This year I want to challenge myself to knock 10 minutes off my finishing time and raise money for this amazing charity in the process. To get involved in the movement to change the world for disabled people please visit my just giving page to make a donation and help support this local cause to continue the work of excellent staff and volunteers at Leonard Cheshire Disability.

If you want to see me running last year's half marathon and learn more about the fantastic work Leonard Cheshire Disability does please visit www.justgiving.com/ElinBird where you can view two short videos. I, on behalf of Leonard Cheshire Homes will be delighted for all donations. No matter how small or large - yours can make a difference.



TREFORGAN WI

We hope everyone has enjoyed a good Christmas and New Year – we at Treforgan WI have celebrated it. We started by joining the rest of the village at the Christmas Tree Lighting Event. It was brilliant to see so many there, enjoying the lights, ambience and raising money for Velindre. We continue celebrating at our December meeting making floral table decorations and baubles, whilst of course eating mince pies!

Since Christmas we have continued culinary enjoyment by visiting "The Nant", the training restaurant of Coleg Morgannwg. The trainee staff coped wonderfully with a huge group of chatty WI ladies.



The food and service were brilliant. It was a thoroughly enjoyable experience and great value for money. We would recommend it and our taste buds are looking forward to visiting again. Looking ahead to the next few months we have lots planned. From talks and walks to a day experimenting with new craft ideas.

Treforgan WI meets at 1.15pm on the third Thursday of the month at Morganstown Village Hall. Visitors Welcome. For more information, look us up on Facebook.

Automatic External Defibrillator

At a recent meeting, St. John's Cymru-Wales [the successor organisation to St. John's Ambulance] kindly agreed to provide the Radyr and Morganstown area with an Automatic External Defibrillator [AED]. An AED is used primarily in the additional treatment of a cardiac arrest.

The initial treatment of a person who has suffered a cardiac arrest is to summon assistance and initiate efficient cardiopulmonary resuscitation [CPR]. This process is also referred to as Basic Life

Support [BLS] and involves external cardiac massage and mouth-to-mouth lung ventilation. However, of late, more emphasis has been placed on the cardiac massage aspect.

The Radyr Division of St. John's has agreed to provide appropriate training in the application of BLS at their regular training sessions on a Tuesday night at the Old Church Rooms. **Members of the community who would like to be trained in Basic Life Support should contact Mr. Aled Treharne [01633 533 103].** Furthermore, the St. John staff will also train members in the use of the AED.

It is hoped that the AED will be installed later this year on Station Road. It will be located in an appropriate place in an unlocked container which will hold further vital information.

The Community is very grateful for the financial assistance of St. John's Cymru-Wales, the Cardiff West Rotary, Cardiff Lions, the Radyr & Morganstown Community Council and Association.

Ralph Vaughan